

SAVE THE DATES



TRS will host free in-person and online events covering your 2026 TRS-Care benefits this fall! Each fair will have presentations (8:30 a.m. to noon, CST) and a “come-and-go” exhibit hall (9:00 a.m. to noon, CST). **Scan the QR code below** to register for TRS health care events, find event sites and more.

2025	Location	2025	Location
Tues., Aug. 12	Georgetown — Sheraton Austin Georgetown Hotel & Conference Center	Fri., Sept. 12	Arlington — Mansfield ISD Center for the Performing Arts
Wed., Aug. 13	College Station — Texas A&M Hotel & Conference Center	Tues., Sept. 16	Lubbock — Buddy Holly Hall of Performing Arts and Sciences
Thur., Aug. 21	Sugar Land — Houston Marriott Sugar Land	Thur., Sept. 25	El Paso — Radisson Hotel El Paso Airport
Tues., Aug. 26	Beaumont — MCM Elegante Hotel & Conference Center	Mon., Sept. 29	Wichita Falls — Delta Hotels by Marriott Wichita Falls Convention Center
Thur., Aug. 28	Conroe — Hyatt Regency Conroe	Tues., Sept. 30	Abilene — DoubleTree by Hilton Abilene Downtown Convention Center
Tues., Sept. 9	Mt. Pleasant — Mount Pleasant Civic Center	Tues., Oct. 7	Laredo — Embassy Suites by Hilton Laredo
Wed., Sept. 10	Tyler — Holiday Inn Tyler-Conference Center IHG	Wed., Oct. 8	Harlingen — Harlingen Convention Center
Thur., Sept. 11	Mesquite — Hampton Inn & Suites Dallas/Mesquite	Thur., Oct. 9	San Antonio — DoubleTree by Hilton San Antonio Airport

TRS-Care Webinars for 2026 Benefits — Join us online for a deep dive into your 2026 TRS-Care benefits. All webinars are from 10 a.m. to 11:30 a.m., CST. **Scan the QR code below** to register.

TRS-Care Dental and Vision Webinar (all TRS retirees)	TRS-Care Standard Webinar (Under 65)	TRS-Care Medicare Advantage Webinar (65+ or with a disability)
Wed., Sept. 3, 2025	Thurs., Sept. 4, 2025	Fri., Sept. 26, 2025
Wed., Sept. 17, 2025	Fri., Oct. 10, 2025	Wed., Oct. 15, 2025

WE CAN'T WAIT TO SEE YOU!

trs.texas.gov/health-benefits/events

Welcome to Your 2026 TRS-Care Health Plan!

We're proud to serve you and look forward to supporting your health and wellness in 2026.



Find It Fast

All you need to know about 2026 TRS-Care benefits, anytime, anywhere.


Low Premiums for Medicare-eligible Retirees

What Can You Expect From Your TRS-Care Plans?

Your TRS-Care Medicare Advantage premiums and deductible will stay the same in 2026! Scan the QR code on the front page of this flyer to get all you need to know to take full advantage of your TRS-Care benefits. TRS-Care Medicare Advantage premiums include medical and pharmacy coverage.

We're committed to giving you the care you can count on during this important stage of life. Please call 1-888-237-6762 with questions.



TRS-Care Medicare Advantage Monthly Premiums



	2026
Retiree only	\$75
Retiree + spouse	\$280
Retiree + child(ren)*	\$408
Retiree + family*	\$613

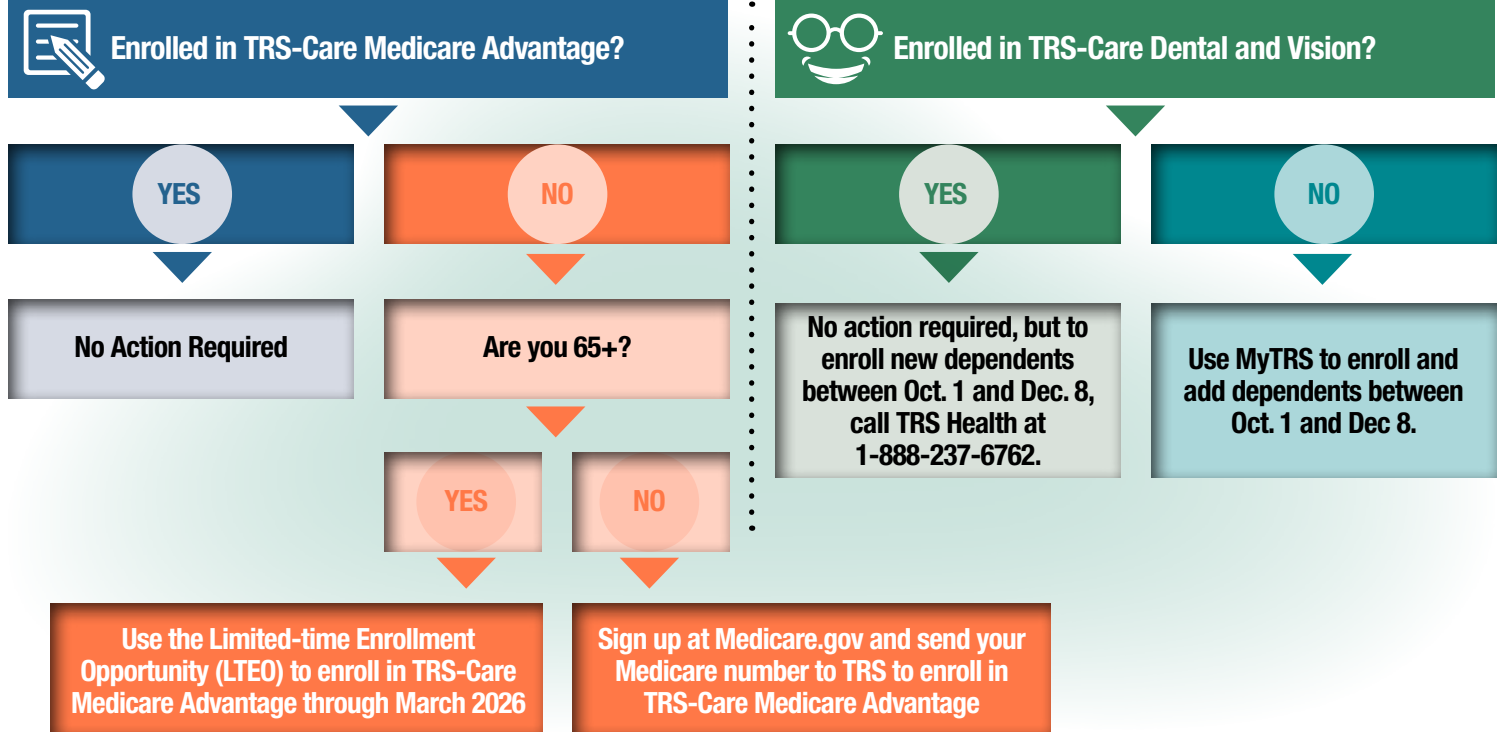
*TRS-Care reduces premiums for retirees with disabled children (regardless of the disabled child's age) by \$200 in tiers with covered children.

TRS-Care Dental and Vision premiums will stay the same in 2026! Open enrollment for TRS-Care Dental and TRS-Care Vision for the 2026 plan year is Oct. 1 – Dec. 8, 2025. If you're enrolling for the first time, you can enroll yourself and your dependents in less than five minutes through MyTRS.texas.gov! If you're already enrolled, you don't need to do a thing — unless you want to add eligible dependents. If you are adding eligible dependents, you can download and complete the application at MyTRS.texas.gov or call TRS Health at 1-888-237-6762 to get an application.

	Retiree Monthly Premiums	Retiree + Spouse Monthly Premiums	Retiree + Child(ren) Monthly Premiums	Retiree + Family Monthly Premiums
 TRS-Care DENTAL	\$41.64	\$83.29	\$87.45	\$129.93
 TRS-Care VISION	\$6.89	\$13.79	\$15.57	\$24.08

Got a TRS-Care question? Log in to MyTRS and send us a secure message — our TRS-Care health counselors are ready to help!

Don't Miss Out on Your TRS-Care Benefits!



THANK YOU FOR CHOOSING TRS-CARE. WE WISH YOU A HEALTHY AND HAPPY 2026!